

In The Moment:

Purpose, perspective and presence

Karen Stobbe is a national speaker, consultant , actress and family caregiver. Karen uses her experience as an improvisational actress and her knowledge of caring for two parents with Alzheimer's Disease to speak to audiences of all types across the country.

Her husband, Mondy Carter, will join her for the last hour of the day to perform their show: *Sometimes Ya Gotta Laugh. Sometimes Ya Gotta Laugh* is about finding your laughter, accepting your tears and being human. They will educate and entertain in the same breath.

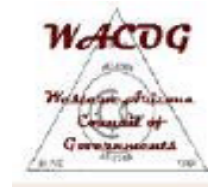
1st annual southwest arizona
collaborative caregiver conference

IN THE MOMENT
with Karen Stobbe



Presented by:

Western Arizona Council of Governments
Area Agency on Aging
and



The Alzheimer's Association
Desert Southwest Chapter
Southern Arizona Region

alzheimer's association
desert southwest chapter

November 3, 2009
8am to 4pm

Radisson Hotel
1501 S. Redondo Center Dr.
Yuma, AZ 85364

November 3, 2009

“In the Moment” with Karen Stobbe

Improvist and Author/Trainer of “Sometimes Ya Gotta Laugh” &
“In the Moment”

“In the Moment” with Karen Stobbe

Radisson Hotel
1501 S. Redondo Center Dr.
Yuma, AZ 85364

Agenda:

- | | |
|--------------------|---|
| 8:00-8:30 | Registration |
| 8:30-8:45 | Intro/Housekeeping |
| 8:45-9:00 | What do you want to know today? |
| 9:00-10:15 | Understanding Alzheimer’s & Dementia |
| 10:15-10:30 | BREAK |
| 10:30-12:00 | Communication:Speaking & Listening |
| 12:00-1:00 | LUNCH & EXHIBITORS |
| 1:00-2:30 | Behaviors are Communication |
| 2:30-2:45 | BREAK |
| 2:45-3:45 | “Sometimes Ya Gotta Laugh” |
| 3:45-4:00 | Q & A |

Presentation of creative techniques, theater and improvisational games to enrich the care of persons with Alzheimer’s and other needs.

Cover art was done by a person with Alzheimer’s Disease in the Memories in the Making Art Program. This program provides people with dementia the ability to express themselves creatively, and feel a real sense of accomplishment and achievement in a world of continual memory loss

Registration AND Payment must be received by Oct. 26, 2009

- Cost:** **Family Caregivers (no cost)**
 Professional Caregiver \$20
 Professional Caregiver w/CEUs \$65

CEUs offered by NASW and NCIABD. If you are a nursing home, please provide NCI ID# _____

All fees include materials, participant booklet, meals, & CEU certificates will ONLY be awarded at the conclusion of the conference.

MAKE CHECKS PAYABLE TO: WACOG
Attn: Cat Trobaugh
mail to: 208 N. 4th St.
Kingman, AZ 86401
(928)753-6247, x225

Attendee name _____

Attendee organization _____

Attendee address _____

City _____ State _____ ZIP _____

Phone _____ email _____

For further information or if you have questions, contact Cat Trobaugh at the number above.